



UNHRC

Chair: Jordan Keller and
Jamesly Malande



LETTER FROM SECRETARY GENERAL

Hi everyone!

Before I introduce myself, I would like to give a quick thank you to everyone that made this possible. Thank you to Dr. Arguelles for her constant support of LelyMUN as a team and for TrojanMUNC I as a conference. Thank you to Ms. Bledsoe for approving this project of the Model UN team and to all of the administration that supported us throughout the way. Thank you to the social studies department for your support in advertising this event as well as for educating us on important world-wide matters as well as to the Lely staff for contributing to our growth as the Lely Model UN team. Thank you to all of our volunteers who are helping us throughout this conference and the biggest of my thank yous goes to my staff. You all put in a lot of effort to make the conference a possibility and have been listening to me talk about the idea of Lely hosting its own Model UN conference since my freshman year. I am very appreciative of all of you (:<3.

My name is Alejandra Ramos and I am your Secretary General for TrojanMUNC I! I am so excited to welcome you all onto Lely's campus for our first ever conference. I have been a Model UN Delegate since my freshman year and have successfully participated in all types of rooms including General Assemblies, Crisis Rooms, and Specialized Rooms. Although I was born in the USA, I lived in Mexico during my childhood so although English is not my first language, I developed my interest in international relations from an early age. Outside of Model UN, I am involved in a variety of activities some of which include debate, teen court, spanish honor society, national honor society, and student government. Outside of school though, I love traveling, listening to Taylor Swift, watching Gossip Girl, and hanging out with friends.

TrojanMUNC I is something very special to me as it is something that I have dreamt of since my freshman year. Since Lely High School is a Title I school, extracurriculars like Model UN are not accessible to many students due to the high prices and fees that come with participating. This was one of the main reasons why I first thought of hosting a Model UN conference of our own and why the Lely Model UN team and Lely High School staff was so supportive in this endeavor. After this conference officially starts, Lely High School will be the only Title I school in the county and one of the few schools on a regional, state, and national scale to host its own model un conference. At first, this conference started off as something that was going to be specifically tailored for Lely students. Having this opportunity to train delegates and introduce students to what Model UN is like is something that will allow students to enrich their social studies knowledge outside of the classroom. Additionally, students will be exposed to world-wide issues and will have to analyze them through different lenses, developing who they are as people. Ultimately though, opening up this conference to more schools will allow these benefits to be applicable to all students that wish to participate.

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TrojanMUNC I, as a result, has a purpose of providing equal access to opportunities for all students that are willing to learn and are driven to succeed. As part of your TrojanMUNC staff, I speak on behalf of all us when stating that we are all more than willing to help you and your team seek out any external resources to help fund your club and to look for more opportunities to help the delegates of your club grow. This conference revolves around the idea of helping one another and establishing strong connections as delegates, as students, and as people.

We at LelyMUN are lucky enough to have delegates that work hard in order to fundraise money for the club as well as the very generous support of The Cooper-Bos Family, the Jack Kent Cooke Foundation, and the Lely High School SAC. With an increase in fundraising and community outreach this year, my freshman year dream will finally come true with the start of this conference and the beginning of TrojanMUNC.

I am looking forward to meeting all of you and cannot wait to hear about the amazing performances that are going to be seen at TrojanMUNC I.

Best of luck and please reach out if have any questions at alejandrarry239@gmail.com or lelyhsmun@gmail.com

Appreciatively,

Alejandra Ramos

TrojanMUNC I Secretary General



LETTER FROM STAFF

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Hello delegates and welcome to the United Nations Human Rights Council (UNHRC). This room is based on the Office of the High Commissioner for Human Rights (OHCHR) agenda with a focus on how to address and prevent detrimental mental health affects. I, Jordan Keller, will be your chair and my co-chair is Jamesly Malande. We are honored to chair this room for Lely High School's first TrojanMUNC!

Hello, my name is Jordan Keller and I will be your chair. I am a Junior at Lely High School, and this is my third year doing MUN and my first year as a chair. I have done Humanitarian committee rooms since my freshman year and have loved every single one. I have made it my life goal to help shape our world into a more inclusive, safe and happier place for all. Humanitarian efforts started in the late 19th century and it is up to us to continue helping those in need. This committee room is truly a dream come true for my co-chair and I. My goal by the end of this conference is to ensure every delegate gains experience in writing position papers, public speaking, debate, resolutions papers, and overall how to efficiently be a member of MUN. I hope all of you take this conference to learn how to improve your research, writing, speaking, and debate skills. This committee room is open to helping any first-time delegates or even experienced delegates. I, for the past three years, have learned to become a better delegate at each conference, and I hope to learn something from all of you! For this committee, you are expected to have a well-researched and well-written position paper on the committee's topic. This room is to test your research and debate skills. Each delegate must be well beyond prepared for this committee room. Once again, Jamesly and I are beyond excited about this conference, enjoy researching the topic! Please reach out to me if you have any questions!!! :) My email is Jordankeller0630@gmail.com.

Hello delegates, my name is Jamesly Malande. I am a Junior here at Lely High School, and this is my third year participating in MUN, followed by my first year as a chair. My goal at the end of this conference is to facilitate an informed debate. Developing research on informed topics, while being able to develop one's necessary skills to debate, is essential here. I, for the past 3 years have gotten to express my views as well as dispute and converge with that of others. It is imperative that your research and debating allow you to adequately express your views on topics today, and go on to help inform those of tomorrow. I have had the pleasure to listen and learn from several conferences, and I hope to hear your voices today and express what it means to be a delegate!

We are very passionate about Model UN and as a result, we want everyone to have an equal chance to showcase their passions and have the ability to place. We wish you all the best of luck and let us know how we can help you succeed.



OVERVIEW OF THE ROOM

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The United Nations is an International Organization that works toward a progressive and inclusive world. The United Nations follows the 17 Sustainable Development Goals (SDG) to work towards a more secure and unified world. The council within the United Nations that works towards saving the lives of refugees; victims of war, displaced individuals, and protecting oppressed groups is the United Nations Human Rights Council (UNHRC). The purpose of the UNHCR is to touch the ground with struggling communities and build the communities up to achieve equality. The growing mental health crisis occurring as a result of displacement in recent decades has been a topic of debate and has been addressed by several nations. However, today, this issue still exists. This issue leaves no country disproportionately affected than others, and all equally at fault. It is the UNHRC's mission to find a solution for this as quickly as possible.



INTRODUCTION TO THE ROOM AND SUBTOPICS

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Introduction

There are over 100 million displaced individuals around the world as of May, 2022 (UNHRC, Refugee statistics). 100 million people were removed from their comforts: businesses, homes, countries, all into the unknown. Over 53 million of the 100 million are internally displaced and at risk of exploitation, illness, and death. Their culture is torn from their hands, forced to watch their world crumble as a result of Political Violence, Conflicts, Natural Disasters, and Global Warming. Displaced individuals face discrimination, socioeconomic deprivation, lack of social support, employment opportunities, cohesive family structure, and education opportunities. For these reasons reports show that over one third of all displaced peoples suffer from a type of mental illness that developed after being displaced. Mental illnesses such as depression, anxiety, suicidal ideation, conduct disorder, substance abuse, and Post-Traumatic Stress Disorder (PTSD) have been experienced across the globe as a direct consequence of mass displacement (Derrick Silove, *The Contemporary Refugee Crisis: An overview of mental health challenges*). Mental illnesses often evolve into becoming debilitating and nations with displaced members should prioritize providing education, addressing socioeconomic stressors, provide affordable psychological aid and systems to protect the mental health of displaced people. It is the United Nations Human Rights Committee goal to strengthen and promote the protection of human rights around the world, and to address and prevent situations of humanitarian rights crises. For this reason is why the UNHRC finds this issue a priority to resolve.

Providing Education

Education systems

Displaced individuals around the world, specifically the youth, lack access to education preventing them from developing with the rest of their generation. It is estimated that 70% of people with mental illness receive no formal treatment from mental health staff (NCBI - WWW Error Blocked Diagnostic). This will create academic disadvantages once again putting these children below the bar. Nations with conflict, hostility and displacement lose quality of life along with the quality of education. This disadvantage can take a toll on a young person's mental health. Providing aid to relieve the pressure and provide safe havens for children to reintegrate within society and the academic field after facing months to years of constant fear, loss and emptiness. Schools can provide programs, encourage the usage of local resources and provide out of school resources. Establishing mental health education in schools. Education systems can also be reformed to accommodate the student.



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Instead of pushing homework and learning agendas, countries can provide training for academic instructors to ensure they provide the best aid, comfort and education for those struggling from or with displacement. The United Human Rights committee has focused on promoting the Refugee Education 2030 agenda. This promotes school environments that foster social and emotional learning and calls for the provision of psychosocial treatment to target development of healthy relationships when dealing with children and young adults. The Refugee Education 2030 agenda also promotes partnerships with ministries of education to promote education amongst refugee youth, a civil society, all by working through the private sector (Mental Health and Forced Displacement). Treatment and help is not for one group of people. It is time for nations to expand their resources to alleviate the mental health crisis at hand.

Educating people on physical health affects

Educating the world about the mental health crises doesn't stop at destigmatizing and raising awareness on the mental hardships. It also includes educating the world on the bodily issues that develop from mental illness. People with mental illness are more prone to poverty, unemployment, social isolation and lack of stability to the extent of finances, housing, behavioral and eating habits(The Relationship Between Mental Health, Mental Illness and Chronic Physical Conditions). These factors create a sense of vulnerability when looking at the development of chronic health conditions. Poverty can lead to poor nutrition in a persons diet, poor hygiene and a poor quality of life. The factors that seem to be never ending are perfect breeding grounds for mental illness. Displacement and poverty create vulnerability to the dangers and hostility of the conflict or tensions at hand. Due to depression, healthy eating habits may be disrupted and unhealthy or poor nutrition can cause the development of diabetes, high blood pressure, and heart diseases(The Relationship Between Mental Health, Mental Illness and Chronic Physical Conditions). Depression can become severe to the extent many experience no desire to get up, eat, or practice basic hygiene. Depression and anxiety can lead to chronic pain in the body due to malnutrition, distress and mental exhaustion (The Relationship Between Mental Health, Mental Illness and Chronic Physical Conditions). Mental illness and physical health go hand in hand. More often than not individuals will not take care of themselves if they don't feel as if they need to or have anything to continue living for.



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Using Technology to work towards a Healthier World
Social media has revolutionized the humanitarian working field. From sending medical aid resources, to updating crises in disaster zones. Humanitarian aid does not stop after providing resources and it is understood that there needs to be increased accessibility to technology to encourage individuals to use resources provided by other nations and organizations. Technology has allowed humanitarian organizations to utilize resources and time more effectively to respond and help in a timely manner. Additionally, technology has also been an effective way to educate and alleviate the mental health crisis. Nations across the world experiencing this displacement have informed their nations of issues and preventative measures. Whether its social media posts, radio broadcasts, television commercials, or news stations. Humanitarian organizations can inform individuals on mental illness, signs of mental illness, stigmas around mental illness, ways to be proactive in fighting stigmas and most importantly inform citizens on resources available to allow them to get help. However, technology within itself could aid mental health issues by providing connectivity to a world beyond their own. Many families displaced, have key members in their life that were left behind. Technology aids in maintaining contact with those individuals and is used in crisis for geotagging, search mapping, sonar and radar. It is up to the individual nations to take action to combat the stigmas of mental illness with technological and various other resources available.

Sustain lasting communities

Communities provide stable footing for displaced individuals. Reconstruction and protection amongst a lost community, plays a key factor in one's mental health. Humanitarian organizations strive to form strategies in order to support families, create cohesion amongst diverse groups, and empower youth. An effective strategy, Community-Based Protections (CBP), isolates the needs of displaced communities. These needs have generated projects that focus on the improving the lives of those that participate in these programs and protections



GOALS OF COMMITTEE AND GUIDING QUESTIONS

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The goals of the committee:

- To find an effective way to address the mental health crisis.
- To find a way to mitigate the concerns and decline in mental health.
- To cooperate with all nations in creating an equitable solution for the issue.

Guiding questions:

1. How can nations cooperate for the well-being of the world as a whole?
2. How can we expand on the solution of education?
3. How can governments take proper and efficient action?
4. Who will oversee the plans suggested and accepted by delegates?



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